

5K-9 Run/Walk

Where & When

Saturday, March 19, 2011
Houma Civic Center
346 Civic Center Blvd.
Houma, LA 70360

Starting Time

Registration begins at 8:00am
1/2 mile run/walk begins at 9:00am
5K begins at 9:30am

Run/Walk Entry Fees

\$20 registered by March 1, 2011
\$25 registered March 2, 2011 & on race day

\$15 for 1/2 mile only registered by 3/1/11
\$20 for 1/2 mile only registered 3/2/11 & on race day

Entry fee includes shirt and food/drink/
event tickets)

Entry Fee Made To

Friends of Terrebonne Animal Shelter
P. O. Box 3720
Houma, LA 70361

Mail in a copy of current vaccination record
for each dog participant with application.

*Proceeds benefit the homeless animals of
Terrebonne Parish.*

Who do I contact for more info?

Karen Molaison (985) 853-0504
Chris Johnson (985) 232-5384



Awards

1/2 Mile Run/Walk

1st and 2nd overall for runner/K-9 teams

5K Runners

1st & 2nd overall for runner/K-9 teams

1st & 2nd in following age groups (males/females):
14 and under, 15-19, 20-29, 30-39,
40-49, 50-59, 60+

5K Walkers

1st, 2nd, and 3rd overall for walker/K-9 teams

1st, 2nd, and 3rd overall for walkers
1st & 2nd in following age groups (males/females):
14 and under, 15-19, 20-29, 30-39,
40-49, 50-59, 60+

Post Race Entertainment

Live band by "Epic"
Food, drinks, beer, sweets
Dog friendly events
Activities for children

Free Admission Ticket sales (food/drink/activities)

**Tagged, leashed and vaccinated friendly
dogs welcomed.**

**Dog participants are encouraged but not
required.**

Registration Form (Please Print Clearly)

Name: _____
Address: _____
City: _____ State _____ Zip _____
Phone No: (____) _____ Age on Race day _____
Email Address: _____

Dog's Name _____ Breed _____ Age _____

Circle: 5K Runner 5K Walker 1/2 mile run/walk

Sex: M or F Shirt size: YS YM YL S M L XL

Entry Fee Amount Enclosed \$ _____

Checks payable to:

Friends of Terrebonne Animal Shelter

In consideration of my accepting this entry, I the undersigned, intending to be legally bound for myself, my heirs, executors, and administrators, waive and release any and all rights claims for damages I may have against Bayou Runners Association, Friends of TAS, City of Houma, Houma Civic Center, Terrebonne Parish Consolidated Government, and any and all sponsors of this race, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever.

Signature: _____ Date: _____
(Signature of parent if under 18)

**Run/Walk hosted by:
Bayou Runners Association**