



SECOND ANNUAL **TARPON TRI**

SEPTEMBER 4, 2010 – BAYOU BLACK, LA

TRied & Conquered

All proceeds benefit the Bayou Black Swim Team

www.tarpontriathlon.com

Have you ever thought about participating in a triathlon? Do you already do them, & wish there was one closer to home? Join us for the second annual Tarpon Triathlon, Houma's only triathlon!!

Where: Bayou Black Gym & Pool

Race Start Time: 7:30 a.m.

Race Day check-In: 6:00 - 7:00 a.m.

***Mandatory meeting** 7:15 a.m.

(Race limited to 150 participants)

Mini-Triathlon:

150 meter pool swim (staggered start)

10 mile bike - Helmet required

3.1 mile run

Age Groups Male/Female

14&U, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Awards

1st Overall Male / Female

1st, 2nd, 3rd in each age group

**** There is no fat tire division in this race**

There is NO race day registration!

Anyone who registers after the early date of August 13th is not guaranteed a shirt.

No Refunds!

Entry Fees: Individuals / Relays

Received by Aug. 13th \$35 / \$70

Aug. 13th – Sept 2nd \$45 / \$90

* \$5.00 discount for Tarpon Swimmers

Mail Registration with check payable to:

TPRD # 9

c/o Michelle Matta

3688 Southdown Mandalay Dr.

Houma, LA 70360

Packet Pick Up at Bayou Black Gym

Thursday, Sept. 2nd, 5:00 – 7:00 p.m.

Race Day 6:00 – 7:00 a.m.

Awards, food, drinks and music will be provided after the race!

View our website: www.tarpontriathlon.com for more information and to print a registration form out!



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Individual Name: _____ Phone: _____ Age on race day: _____

Participant type, circle one: Ind / Relay

If a relay, list other team member names: _____

Address: _____
Street City State Zip

Estimated 150 meter swim time: _____ Gender: ___ M ___ F

Shirt size: YS YM YL S M L XL XXL (please circle) Email: _____

Liability Waiver must be signed by all participants before submitting.

In consideration of my accepting this entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors, waive and release any and all rights and claims for damages I may have against Bayou Runners Association, the city of Houma, Terrebonne Parish Consolidated Government, TPRD #9, and all sponsors, their representatives and successors from all claims or liabilities of any kind with my participation in this event. I attest and verify that I am physically fit and sufficiently trained for the competition of this event. Further, I hereby grant full permission to any and all foregoing to use photographs, videotapes, motion pictures, records or any other record of this event for any purpose whatsoever.

Signature _____ Date _____

(Parent or guardian signature if under 18 years old)